

## **Civilian Recruits**

### **Minimum Requirements:**

- a. 18-28 years old (17 with parental permission)
- b. A U.S. citizen.
- c. High school graduate (or meet High Performance Predictor Profile (HP3) criteria). Be proficient in reading, speaking, writing, and understanding the English language.
- d. Not be under civil restraint, a substance abuser nor have a pattern of minor convictions or any non-minor, misdemeanor, or felony convictions (waivers are granted depending on number and severity). The Special Assistant for Legal Affairs (CNRC Code 017) must not enlist applicants with lawsuits pending against them without prior approval.
- e. ASVAB minimum requirements, use and retest:  
SEAL - GS+MC+EI=165 VE+MK+MC+CS=220 VE+AR=104 and MC=50  
SWCC - AR+WK=104, MC=50 (For ASVAB 5, 6, and 7; use WK score)(For ASVAB 8, 9, and 10; use VE score)
- f. Eyesight- 20/40 in one eye and 20/70 in the other eye, correctable to 20/20.  
**Note:** Waiver-20/70; 20/100 or better.  
**Note2:** No color blindness.

The PST is as follows:

500-yard swim using breast and/or sidestroke in under 12 minutes and 30 seconds  
10-minute rest  
Perform a minimum of 42 push-ups in 2 minutes  
2-minute rest  
Perform a minimum of 50 sit-ups in 2 minutes  
2-minute rest  
Perform a minimum of 6 pull-ups (no time limit)  
10-minute rest  
Run 1 ½ miles wearing boots and long pants in under 11 minutes and 30 seconds