

PST/INTERVIEWS FOR NAB LITTLE CREEK, VA

Dates for 2004

JAN 8 TH / 22 ND	FEB 5 TH / 19 TH	MAR 4 TH / 18 TH	APR 1 ST / 15 TH / 22 ND
MAY 6 TH / 27 TH	JUN 3 RD / 24 TH	JUL 8 ND / 22 ND	AUG 5 TH / 26 TH
SEP 2 ND / 23 RD	OCT 7 TH / 21 ST	NOV 4 TH / 18 TH	DEC 2 ND / 16 th

***Note:** You will experience a delay in the processing of your PST request if you have not followed the Step-by-Step Guideline. Please read and follow the [PST Request-
http://www.seal.navy.mil/pdf/pstrequest.pdf](http://www.seal.navy.mil/pdf/pstrequest.pdf) PST's are scheduled NLT 72hours prior to test time and date.

Time 0700

Arrive min 15 early to ensure you have time to warm-up. BE READY TO START THE PST @ 0700

LOCATION

Building 3856
Naval Amphibious Base Little Creek, Norfolk, VA

DIRECTIONS

Arrive at the intersection of Shore Drive and Independence Road. Enter through Gate 5 and proceed to the second stoplight. Turn left at second stoplight **Gator Boulevard** and drive to the stop sign. Cross the intersection. Building 3856 is directly to your right. Ample parking is available. Park in area labeled "Student Parking."

Gear List

Candidates are required to arrive 15 minutes early with the items listed below:

A copy your PST Confirmation email

Military identification card

T-shirt, dungarees or cammies, and boots for **SEAL candidates**

T-shirt, shorts, and running shoes for **SWCC candidates**

Swimsuit and towel

Drinking water

Upon Successful completion of the PST

Candidate will be interviewed, *IAW MILPERSMAN 1220-150.

Interview requirement items:

- (1) Completed NC worksheet
(<http://www.seal.navy.mil/seal/pdf/ncworksheet.pdf>)
 - (2) Uniform of the day
 - (3) Original special request chit
 - (4) Military ID
 - (5) Service record
 - (6) Wavier(s) (See Waivers)
- * No exceptions

NOTE:

Cancellations ASAP

<mailto:motivators@navsoc.navy.mil>